

# TEXAS A&M KINGSVILLE TRACK AND FIELD

## Javelina Masters (Age 30+) Throwing Clinic

**Feb. 6-7,  
2016**

**10 AM-4PM each  
day with a 90 min  
break for lunch**

*Will be held at*

*Javelina Stadium*

*1200 Armstrong*

*Kingsville, TX 78363*

**Comfort Inn**  
361-516-1120  
502 U.S. Hwy  
77  
Kingsville, TX  
78363

**Hampton Inn**  
361-592-9800  
2489 S Hwy  
77  
Kingsville, TX  
78363

Mail checks to:  
Track and Field  
Tim Miller  
700 University  
Blvd  
MSC 202  
Kingsville, TX  
78363

Checks should be  
written to TAMU-  
Kingsville.



**Rates:**  
1 Day:  
\$100/125  
Late

**Both days:**  
\$150/175  
Late

**\$50 non-  
refundable  
deposit due  
by 2/1/16**

- Clinic will cover each throwing event 2x in two days with Throws Coach Tim Miller
- Coaching will be focused on YOUR technique
- Coaching will focus on how YOU can best throw
- 2-3 Weight Room sessions with Head Strength and Conditioning Coach Robb Rogers and his staff in the Javelina weight room
- Video review will be available
- Classroom sessions as well as learn by doing
- Considerations for Throws Pent will also be covered.
- One day rate is available for either day

Contact Coach Tim Miller for more info  
716-472-6316 Cell  
Timothy.miller@tamuk.edu