



Lions Last Chance Throw Meet

WHEN: Dec 13, 2014; 9AM-3PM
WHERE: Lockhart Middle School, 500 City Line Rd, Lockhart, Tx 78644
Mapquest: <http://mapq.st/UxK9m3>

ENTRY FEES: \$25 first event, \$5 thereafter. Throws Pentathlon(TP) \$45

In consideration of your acceptance of my entry, I hereby waive, release and forever discharge any & all claims for damages which I may have, or may hereafter accrue, against Lake Travis Lions Club, Lions International, USATF, Lockhart ISD, other organizations providing volunteers, or other sponsors for any damages which may be suffered by me. I certify that I am in good health and that my level of training is such that I am prepared to compete in this event. A parent or guardian must sign this form to allow a minor to participate.

Signature _____ Age _____ DOB _____ Sex _____
Name (Print) _____ Phone (_____) _____
Address _____ City _____ State _____ Zip _____
Help keep entry fees low by providing your e-mail address below:

SPECIAL NOTES: There are no restrooms. I will make sure the restrooms at the Soccer Complex at Lockhart Middle School are open. Up to 6 throws allowed.

SCHEDULE(Open events); Throws Pentathlon starts at 9

	9AM	10AM	11AM	NOON	1PM	2PM
Hammer	ALL					
Shot		W, M 70+	M 69-			
Discus		M 69-	W, M70+			
Javelin				M 69-	W, M 70+	
Weight				W, M 70+	M 69-	
Superweight						ALL

Make checks payable to Track for Life and mail to: 7504 Chimney Corners, Austin, Tx 78731

Questions? Seth Brower(512-794-3818); seth.brower@trackforlife.com