

TEXAS ACTION RELAYS

(HOSTED by Texas Action Track Club of Allen, Texas)

FULLY
AUTOMATIC
TIMING

MEET RULES

Athletes must registered into the FAT system by 8:30AM 28 June 2014. To ensure you or your athlete get registered in time please use our online system prior to 10:00AM 26 June 2014

<http://www.directathletics.com/meets/track/36180.html>

All Events will be on a rolling schedule
All participating athletes must have wristband
Each athlete may compete in a maximum of 5 events

FEES AND AWARDS

General Admission is \$5 Per Person

Athletes Admission is \$5 Per Athlete. Athletes must be entered into the FAT system to participate

Awards will be given to the TOP three places

AGE DIVISION /BIRTH YEAR

8U: 8 and Under - 2006+

10U: 9 & 10 2004 - 2005

12U: 11 & 12 2002 -2003

14U: 13 & 14 2000 - 2001

16U: 15 & 16 1998 - 1999

18U: 17 & 18 1996 - 1997

Open Division: age 19 to 29

Master will be broken up by 10 year age groups were possible

Bronze Division Age 30 to 39

Silver Division Age 40 to 49

Gold Division Age 50 and Above

****Texas Action Reserves the right to combine Master divisions if enough athletes do not sign up**

SCHEDULE

08:30AM	Field Events
09:30AM	COACH'S & TIMERS MEETING
10:00AM	RUNNING EVENTS

FIELD EVENTS

LONG JUMP: All Ages

POLE VAULT: 12U, 14U, 16U, 18U, OPEN, MASTERS

RUNNING EVENTS

4x100 RELAY: ALL Ages

4 x800 RELAY: 10U, 12U, 14U, 16U, 18U, OPEN, MASTERS

4X200 RELAY: ALL AGES

100 METER: OPEN, MASTERS

SPRINT MEDLEY: 10U, 12U, 14U, 16U, 18U, OPEN, MASTERS ((800 Meters)100m, 100m, 200m, 800m)

200 METER: OPEN AND MASTERS

DISTANT MEDLEY: 10U, 12U, 14U, 16U, 18U, OPEN, MASTERS ((4000 Meters) 1200m, 400m, 800m, 1600m)

4X400 RELAY: 10U, 12U, 14U, 16U, 18U, OPEN, MASTERS

WHEN: JUNE 28, 2014

TIME: 08:00 AM

LOCATION: ALLEN HIGH SCHOOL
300 RIVERCREST BLVD
ALLEN TEXAS 75002

CONTACT: SHAWN LUNG

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